

## ALL THE NEWS THAT IS FIT TO PRINT

By Sharon Babbit

#### **GETTING OUR DUCKS IN A ROW**

200 Park Avenue

After what seems like eons of time and tons of paperwork, the FPNA has finally been approved for a total of four identification poles, which will hold banners and flower baskets! The cast aluminum poles are classic and simple, with a dark bronze finish similar to the poles we see in downtown Council Bluffs. Each pole will hold one 24x48" custom designed banner and one flower basket. The poles must be custom made to fit our specifications and will take at least eight weeks to arrive, once we place our order. Then there are the all-important footings, which must be poured before any poles can be installed. And the banners, which have to be printed, and the flower baskets, which have to be planted and watered—as we said, more of those ducks.

FPNA has five entrances but we only received enough grant money to pay for four poles, including the FPNA contribution. Because this is just the start of this massive project, we are confident that our fifth entrance will be identified when we move to phase two, which will be more of the same only scattered throughout the neighborhood.

Our talented NA members have volunteered their time and expertise on this project. All the writing, designing, and labor-intensive installation is being done by our stellar crew. We must say here that, because all this work is free gratis, FPNA will be able to acquire even more poles to finish our project. Completion date, you say? Don't ask.

#### **OCTOBER MEETING**

Tuesday, October 30<sup>th</sup>, at 6:30 p.m., is the date and time selected by our October hostess for the next FPNA meeting. Melissa Head, 311 Park Ave., is preparing hot chili and refreshments for our enjoyment and, judging by the ever-dropping thermometer, we will probably be grateful for the shot of chili about then. Bring along your sweaters and a few cookies and be prepared to welcome fall with your fellow neighbors! It is the courteous thing to do when all this good food is being prepared just for us.

Melissa is the second generation to live in her large four-square-Victorian home on Park Ave. She has made many improvements to it during her tenure there, and it now suits her enthusiastic personality, while also retaining its dignity. We look forward to joining her and hope that she will stay put this time—last time she hosted a meeting she disappeared somewhere and, since her back door was unlocked, we just went inside and enjoyed the atmosphere anyway (it was very hot outside and, well, there was that central air conditioning beckoning us to trespass). Note: Melissa's home will



# A CHRISTMAS CAROL

The Historic General Dodge House will present two performances of A Christmas Carol at Iowa Western Community College Looft Hall on Sunday November 18. In celebration of Charles Dickens' 200th Birthday Gerald Charles Dickens, the great-great grandson of the literary master, will perform the classic - A Christmas Carol - a story near and dear to all of our hearts. This is a one-man performance; each character has a very definite voice and expression that can be very easily distinguished.

Sunday 2:00 p.m. Matinee tickets - Famly (2 adults & children, age 8-16): \$55.00 Members: \$20.00 Adult: \$25.00 Child (age 8-16): \$10.00 Sunday 7:00 p.m. ferformance - Member or Child (age 8-16): \$35.00 Adult: \$40.00 Iowa Western Community College, Looft Hall, 2700 College Road, Council Bluffs, Iowa.

Please call 712-322-2406 for tickets or information

# Signs of Stroke

#### DO YOU KNOW THE SYMPTOMS

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms. Here are three easy questions to ask:

S: Ask the person to SMILE.

T: Ask the person to TALK and speak a simple sentence coherently.

R: Ask the person to RAISE both arms.

And here is a new sign of a stroke:

Ask the person to STICK OUT HIS/HER TONGUE. If the tongue is crooked (goes to one side or the other), this is also a sign of a Stroke.

If the person has trouble with ANY ONE of these tasks, call 911 immediately!!

## The President's Corner

Kyle Muschall 332 Glen Avenue

Por this month's article I want to share a very heartfelt and very sincere acknowledgement from our neighbors the Shivelys. When the Shively's were seriously injured in an auto accident our neighborhood volunteered their time, energy and expertise to assist in their healing process. This is a prime example that shows that when you give of yourself it does have impact, it does make an impression, it is appreciated. We are all very grateful that the Shivelys are well on their way to recovery and the part all of you contributed to this effort.

"Sarah and I would like to take a moment to thank everyone for all over the overwhelming generosity you have shown us during our time of recovery from our auto accident in Missouri. We are humbled to see so many people in so many places showing the kindness, generosity and concern that we once believed was a thing of the distant past. Immediately following our accident people who we did not know assisted us with the care of our animals at our lake house. First responders, doctors, nurses and administration showed us overwhelming kindness and compassion. While Sarah was in the hospital in Missouri all of the hospital staff went above and beyond to make our lives as comfortable as possible. The hotel we were forced to live in for 11 days even found a way to allow us to stay even though they were sold out over the weekend. Friends and family gave us an incredible outpouring of generosity, support and prayers. When we arrived home, the outpouring of generosity of the neighborhood overwhelmed us. Neighbors we have never met from a neighborhood association we did not belong to, took it upon themselves to provide us with meals, groceries, yard work and anything else we could have possibly wanted or needed. We will never be able to repay everyone for all they have done for us but we would like to at least offer our deepest and most sincere thank you to everyone for everything you have done for us. We will never forget this and will do our best to insure we continue to pay forward anytime we are able. Thank you again for everything and we hope that in the near future we will be able to meet everyone who touched our lives."

Thank you, we are eternally grateful,

Rick and Sarah Shively

## JULIUS CAESAR IN THE PARK

The Bluffs Arts Council presents Shakespeare in the Park rendition of "Julius Caesar". This performance is free and open to the public.

Thursday, October 18<sup>th</sup> 6:00 p.m. Council Blufs Bayliss Park

Audience members are urged to bring a lawn chair or blanket. This performance is part of the Nebraska Shakespeare on Tour.

"Men at some times are masters of their fate" Cassius-Act 1 "Be yourself everyone else is already taken"

Oscar Wilde

## COOKIE CRUMB ACTIVITY

#### By Carol Mattox

In view of our Non-profit status, I thought that our neighborhood might like to help out in the following manner to show our appreciation to our men and women who serve in the military. Please read the following article about the Cookie Crumbs for background information and how you too can help by contributing a variety of items.

If you would like to contribute any items, you may leave them in my side door breezeway on or before Sunday, November 4, 2012 at 3 p.m.

I will be happy to pick up any items to take to the Emanuel Lutheran Church site for the packing.

I will pick up items on or before Sunday, November 4, 2012 at 3 p.m. My phone number is 712-328-2643.

I hope you will consider helping in some way.

Thank you!

Carol

The Iowa Cookie Crumbs were formed in January 2007 by Abbie Crawford. We are part of Jeanette Cram's network of Treat the Troops "Crumbs".

Treat the Troops is a project started in the early 1990's by Jeanette (the Cookie Lady) in Hilton Head, South Carolina. Her mission was very simple. She wanted the deployed American military personnel living in tents or temporary quarters to know that people at home were supporting and remembering them.

Jeanette began baking and sending boxes of homemade cookies and treats along with letters of thanks and support to our military men and women serving in the Middle East. Twenty years later, she and her "Crumbs" who are scattered across this country are still baking up a storm.

Jeanette has a military approved website Treat the Troops open to all service personnel serving in the Gulf. There they can make a request for a box of cookies. The Cookie Lady then forwards some of these requests to her "Crumbs" every month. It is our job to see that the requests are filled as soon as possible. Since 2007, the Iowa Cookie Crumbs have sent over a half million cookies to marines, soldiers, airmen and sailors.

In January 2007, Abbie Crawford and 15 women packed their first shipment of 960 cookies in Abbie's kitchen. Word quickly spread and the Iowa Cookie Crumbs now have over 180 bakers on three baking teams. We have sent out over a half million cookies to marines, soldiers, airmen and sailors. These boxes are addressed to a specific serviceman at an APO (Army and Air Force), or FPO (Navy and Marine) number

225 Huntington Avenue

and are sent via U.S. Postal Service. Names and addresses for those serving from our local communities are also accepted. Each month the Iowa Cookie Crumbs send 60-65 boxes containing over 6,000 cookies along with comfort items and letters of support to servicemen and women. We operate solely on donations and postage costs in 2011 were over \$19,000,00.

It is so early to be thinking about the holidays. But all of these things need to be organized and then packed in separate boxes for the troops. If you are out shopping and/or want to help with something for this project please just look at the information here and do what you can to help.

Holiday Related Items: Wrapped Christmas candy (such as candy canes, etc.) for the stockings. Unsigned Holiday/ Christmas cards (no religious ones) with envelopes for the soldiers to address and send to their loved ones back home. Paper products - napkins and paper plates - lightweight garland to decorate their tents and quarters - small Christmas decorations. Holiday potpourri (pine and holiday scent) - Holiday CDs, Holiday movie DVDs, such as Christmas Vacation, comedies, and those the soldiers might enjoy - new and used

We cannot send any religious items of any kind or reference to the true meaning of Christmas. We cannot send any suggestive reading material.

Games: Board (Sorry, checkers, Scrabble, etc.) Card (UNO, Phase 10, Rook, Skip Bo)Yahtzee, cribbage, dominos (if they are the light weight sets), puzzle books such as word search, crossword and sudoku. Small dart boards, hackie sacks, Frisbees, electronic handheld games, minifans, flashlights, foam footballs or basketballs. Batteries (AA, AAA, 3 volt lithium, 9 volt)

#### (Please SMALL size items only)

Comfort Items: Tube socks, emery boards, combs, cotton balls, q-tips, band aids, boot shoelaces, hand wipes, lip balm, hand sanitizers, stationery & envelopes, pens, foot powder, Tampax, nail clippers, eye drops, metal silverware, small tubes of moisturizing cream, small cans of Febreeze, nice bars of soap, nail polish, disposable razors, shampoo, mouth wash, deodorant, body wash, baseball hats.

## MORE COOKIE CRUMB

2013 Calendars - they like to mark off their days until they are home

Snack Items: Instant oatmeal & soup, instant cocoa & coffee, tea bags, hard candy, small mini chocolate bars, Tootsie Rolls and Tootsie Pops, individually wrapped red licorice, beef jerky, canned or packaged meat/fish, crackers, nuts, energy bars, energy drink mixes, Kool Aid individual packets, small cans of fruit with pull off lids, cough drops, small cans of Pringles, snack crackers, sunflower seeds, trail mix, M&Ms, Ramon noodles, etc. Holiday Comfort Boxes - Free Stuff

Bet you have some - look around your house - ask your neighbors or friends:

Calendars (Any size) - From charitable organizations and businesses

Unused Holiday Cards - Deployed troops are not charged postage. We received great feedback that they are able to send holiday greetings back to their loved ones in the states. Unused Stationery, Note Pads and Envelopes - Some of us have received thank you notes from soldiers on what we might consider scratch paper. Many don't have access to a base.

Travelers - If you've recently traveled disposable razors, lotions, shampoos, aspirin, etc.

Holiday Decorations/CDs, DVDs - Light weight garland to decorate their quarters, tents

Letters or cards of support - we always include in our boxes. The ones kids write are great!

Postage

The Iowa Cookie Crumbs are funded solely by donations to get their boxes to our service men and women. For information, please contact Abbie Crawford: iowacookiecru mbs@hotmail.com

Cookies are sent in the large post office Military Flat rate boxes at a cost of 13.45 per box. Checks for donations can be made payable to: "Treat the Troops". Checks for tax deductible donations should be made payable to: Treat the Troops. Treat the Troops received 501(c) (3) in April 2005. We would also like Iowa Cookie Crumbs written in the memo portion for accounting purposes.

Or Postmaster Checks made to Postmaster are specifically used for postage expense and are processed at our local Council Bluffs Post Office when shipments are mailed.

## IOWA WESTERN ENTERTAINMENT

October 20th at 8pm Kathy Mattea

Grammy- award winning singer and songwriter will perform past hits as well as music from her current album, "Calling Me Home".

Kathy Mattea's Top 20 radio hits include: Eighteen Wheels and Dozen Roses, 455 Rocket and Where've You Been. Tickets \$31-35.00

#### October 22nd at 6:30pm ImaginOcean

A family friendly, one of a kind black light, musical puppet show about three fish on a remarkable journey of discovery. Packed with music ranging from Big Band to R&B, ImaginOcean is a blast from the first splash to the last wave goodbye.

Tickets \$8-10.00

#### October 26th at 8pm

Rich Little-Jimmy Stewart a Humorous Look at His Life One of the most beloved entertainers of our time, Rich Little, pays tribute to one of the greatest screen actors of all time, Jimmy Stewart. A funny and touching on-man show about the life and times of Jimmy Stewart as told by Little and a series of "guest appearances" by special friends. Tickets \$31-35.00

#### For more information:

Call 712.388.7140 or visit www.artscenter.iwcc.edu

# Halloween Events

#### RailsWest Railroad Museum

Oct. 31st. 3-5pm. Trick or Treat through the train cars. \$2 per child (supervising adults are free). 16th Avenue and South Main Street

#### **Squirrel Cage Jail**

Oct. 31st. 6-8pm. Tours through the jail and Nevermore Paranormal will be on hand to share their evidence caught at the jail during overnight investigations and to answer questions. \$5 per person. 226 Pearl Street

## BLUFFS TOMORROW 2030

The City of Council Bluffs is excited to announce the kick-off of the Bluffs Tomorrow: 2030 plan; the updating of the City's Comprehensive Plan. The Bluffs Tomorrow: 2030 plan will provide a foundation for decision-making based on local consensus, a community vision, existing conditions and future potentials. The Plan will serve as a 'road map' for 15 to 20 years into the future by guiding policy decisions and helping the community achieve its long-term objectives. Bluffs Tomorrow: 2030 will address many issues, including land use and development, transportation and circulation, community facilities, infrastructure, environmental features and open space, community character, urban design and other issues.

Citizen participation is vital to developing a new comprehensive plan and the planning process has been carefully designed to involve the community from beginning to end. Several community input components and opportunities have been created to involve residents of Council Bluffs, businesses owners, institutions and other stakeholders.

The first opportunity for community input will take place on Wednesday, October 24, 2012 at 6:30PM at Kirn Middle School Auditorium, 100 North Avenue. At this meeting, residents will be given an opportunity to voice their concerns, identify the things they like about the City, and hear the ideas of their friends and neighbors. A separate business workshop will be held specifically to address the unique needs and issues of business owners and managers. The business workshop will take place the morning of Thursday, October 25, 2012 at 7:30AM at Looft Hall Conference Center Auditorium on the campus of Iowa Western Community College, 2700 College Road.

A dedicated interactive website that is linked to the City's homepage, www.councilbluffs-ia.gov., has been prepared for the project. On the website you can view project updates and announcements, use the award-winning Community Mapping tool to create and send your own map to the project team showing the ideas or concerns you would like to see addressed in the plan, participate in online questionnaires, or simply send an email message to the project team. You can also subscribe to an RSS Feed to receive information every time the Project Website is updated, or follow the Plan on Twitter.

For any questions related to the Bluffs Tomorrow: 2030 plan please contact:

Rose Brown, Planning Coordinator at 412-328-4629 or rbrown@councilbluffs-ia.gov.

# FIT TO PRINT

Continued From Pg.1

also be featured on the December Preserve Council Bluffs Christmas Homes Tour. We old house junkies intend to visit the house twice—why not when we can?

New neighbors, if you weren't able to attend the FPNA September meeting, you now have another chance. Please come and let us get acquainted. Your next opportunity won't be until the Christmas party in December.



# CRIME INFORMATION

isit the Council Bluffs Police Department website

www.cbpolice.org/avenues2.

To view crime information that reflects written reports by the officers of your police department in a given time frame (just click on the "Crime Information" links to open up the reports as PDF documents). There are five sections on the PDFs that are broken up to show case number, date and time report was written, general location of the incident, the district the incident occurred, and a description of the incident.

The Council Bluffs Police Department hopes the citizens of Council Bluffs find this information useful in keeping their neighborhoods safe. Remember if you see something say something.

If you see a crime in progress please call 911, if the crime has already happened (shed broken into) you can call the non-emergency number 712-328-5737. This phone is answered by the 911 operators; it just doesn't tie up a 911 line.

## DATES TO REMEMBER

FPNA October Meeting Oct. 30th. 6:30 p.m. 211 Park Avenue

Bluffs Tomorrow 2030 Plan Oct. 24 6:30 p.m. Kirn Middle School Auditorium 100 North Avenue

> A Christmas Carol Nov. 18 2:00 - 7:00 p.m. IWCC Looft Hall

FPNA December Christmas Party Dec. 1st. 4:00 p.m. 126 Park Avenue



"Patience and Perseverance have a magical effect before which difficulties disappear and obstacles vanish"

John Quincy Adams

# ZEN Drawing Classes

Tuesdays: Oct. 30 & Nov. 6 from 6:00 - 8:30pm, Council Bluffs Public Library meeting room A&B (400 Willow St) OR Saturdays: Nov. 3 & 10 from 1:00 - 3:00pm, Council Bluffs Community Hall (205 S Main St). Instructor: Karen Kessler. Exploring simple techniques of drawing, focusing, and developing an interesting drawing or design. Working with a micron black ink pen (graphite pencil) to develop black & white drawings or designs. Listen to meditative music - kind of like yoga for the mind. Registration deadline for both classes: Oct. 25. \$12 charge. Register online with PayPal: www.bluffsarts.org. or call the Bluffs Arts Council office with credit card info: 712.3284992.

## FPNA ON LINE!!

We've joined the digital age. The official Fairmount Park Neighborhood Association website is finally up and running. We've been working these last few months constructing and loading content on the site. I want to extend a very heartfelt thank you to Sarah Arnold who has been lending her Web Design expertise to this project so that we can establish a web presence. Without her generosity this endeavor would never have been realized. So visit our site, add it to your favorites, leave a comment and let us know what you think.

www.fairmountparkna.org

#### 332 Glen Avenue Council Bluffs, Iowa 51503 fairmountparkna@aol.com Kyle Muschall President/Publisher Linda Ring Vice President Carol Mattox Secretary Dave Huggins Treasurer Terri Dowell Editor Sharon Babbitt Special Representative Sharon Babbit Board Member (2014) Kyle Muschall Board Member (2013) Nate Watson Board Member (2013) Dave Huggins Board Member (2014) Carol Mattox Board Member (2014)Board Member (2013) Linda Ring Michelle Board Member (2014) Mutchler-Burns

#### Have an Opinion? Please Share!

We welcome any submission from a member that constructively furthers a topic of current public interest. Of course, opinions expressed are not necessarily those of the Association or its membership. Any submission must be received by the first day of the month for inclusion. Please Contact the Editor.

My Name and Spouse's/Significant Other's Name: \_\_\_

### COPIES PROVIDED BY THE





Yes! I want to be an active member of the Fairmount Park Neighborhood Association. Please find enclosed a check for annual dues in the amount of \$20.00 per household.

Children's Names and Ages:_	
Address:	
Telephone Numer:	Email Address:
Remit to: Dave Huggins, Tre	asurer, 150 Park Avenue Council Bluffs, Iowa 51503
Please find (Or additional amage) You m My Name:	hase a Fairmount Park Neighborhood Association banner.  enclosed a check for the Banner fee of \$12.00  ounts offor additional banners totaling)  ust be a paid member to purchase a banner
Telephone Numer:	Email Address:
Remit to: Kyle Muschall, Pre	sident, 332 Glen Avenue Council Bluffs, Iowa 51503 or Dave Huggins,
Treasurer, 150 Park Avenue C	ouncil Bluffs, Iowa 51503